

Order of Restriction (Isolation)

Name: _____

DOB: _____

Address: _____

The above-named individual (“Patient”) is in isolation and hereby ordered to take the following actions:

- Return to his or her residence or immediately report to/remain at _____.
- If Patient has symptoms of and/or tested positive for COVID-19, the following conditions apply to this Order of Restriction (Isolation):
 - Patient is to isolate at home or assigned facility until:
 - Three (3) days (72 hours) have passed since resolution of fever without the use of fever-reducing medications AND
 - Improvement in respiratory symptoms (e.g., cough, shortness of breath) AND
 - At least seven (7) days have passed since symptoms first appeared OR
 - Negative results of an FDA Emergency Use Authorized molecular assay for COVID-19 from at least two consecutive nasopharyngeal swab specimens collected ≥ 24 hours apart (total of two negative specimens).
 - If Patient has laboratory-confirmed COVID-19 (positive test) but has not developed ANY symptoms, the following conditions apply to this Order of Restriction (Isolation):
 - At least seven (7) days have passed since the date of their first positive COVID-19 diagnostic test provided no symptoms have developed during isolation.
- The following conditions apply to ALL Patients (symptomatic and asymptomatic):
 - During isolation, Patient may not leave home or the assigned facility unless instructed by SLCoHD or if medical help is needed (call provider or use the telemedicine app first).
 - If isolation is at home, Patient must use a separate bathroom and bedroom than other members of the household.
 - Patient must wear a mask when around others and must maintain a distance of at least six (6) feet from others.
 - All household members (including Patient) must frequently wash their hands (at least 20 seconds) using soap and warm water. Between hand washings, use hand sanitizers.
 - Practice respiratory etiquette—do not cough or sneeze into hands; rather, use a tissue or cough or sneeze into the bend of your arm.
 - Clean home with EPA approved products.
 - Self-monitor by checking temperature for a fever twice a day. Watch for cough, fever, and/or shortness of breath.
 - Stay in frequent contact with SLCoHD staff to confirm when isolation may be terminated.
 - Patient is to report any illness to the SLCoHD staff as instructed.

Restriction takes effect from _____ and is expected to continue until _____

_____.

The medical or scientific information upon which the restriction is based is as follows:

Patient has been identified as a confirmed case of COVID-19 or as having symptoms of COVID-19. This virus is highly contagious. It spreads mainly from person to person, and people can

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become infected through close contact (within about 6 feet) with an infected person. COVID-19 is transmitted through respiratory droplets produced when an infected person coughs or sneezes. It is also possible that a person can get COVID-19 by touching a surface or object that has the virus on it and then touching their own mouth, nose, or possibly their eyes. The World Health Organization has determined that COVID-19 is a global pandemic.

Requirements to be completed before order will terminate:

- Patient will stay in isolation until he or she meets the above-mentioned conditions and/or instructed to come out of isolation by SLCoHD staff.
- Patient will stay in frequent contact with SLCoHD staff.

This written order follows a verbal order of restriction issued by the Salt Lake County Health Department on _____ at _____. The verbal order was issued pursuant to Utah Code Ann. § 26-6b-3(2)(c) because the delay in imposing this written order would have significantly jeopardized the Department's ability to prevent or limit the transmission of a communicable disease that poses a threat to public health.

You have the right to judicial review of this order of restriction in district court.

You have the following rights pursuant to Utah Code Ann. § 26-6b-3.3(2):

- a) the right to be represented by legal counsel in any judicial review of the order of restriction in accordance with Utah Code Ann. § 26-6b-4(3);
- b) the right to be provided with prior notice of the date, time, and location of any hearing concerning the order of restriction;
- c) the right to participate in any hearing, in a manner established by the court based on precautions necessary to prevent additional exposure to communicable or possibly communicable diseases or to protect the public health;
- d) the right to respond and present evidence and arguments on your behalf in any hearing;
- e) the right to cross examine witnesses; and
- f) the right to review and copy all records in the possession of the department that issued the order of restriction which relate to the subject of the written order of restriction.

Statement of Salt Lake County Health Department:

Pursuant to Utah Code Ann. § 26-6b-3(2), I certify that in my medical opinion, this Order of Restriction is a) based on the totality of circumstances reported and known to the Department; b) for the shortest reasonable period of time necessary to protect the public health; and c) the least-intrusive method of restriction that is reasonable based on the totality of the circumstances known to the Department.

I further certify that the Department has been unable to obtain consent to the above-described Order of Restriction from the named individual.

Dated this _____ day of _____, 2020.

Dagmar Vitek, MD, MPH
Medical Director
Salt Lake County Health Department